

## Food ingredients

General considered haram ingredients:

Category	Item name		Remarks
	Japanese	English	
Meat	肉	meat	
	豚、豚肉、ポーク	pig, pork	
	鶏、鶏肉(鳥肉)、チキン	chicken, chicken meat	
	牛、牛肉、ビーフ	cow, beef	
	馬、馬肉	horse, horse meat	
Meat Extract	肉エキス	meat extract	In noodle, soup, bread, snack (potato chips), etc.
	豚肉エキス、ポークエキス	pork extract	
	鶏肉(鳥肉)エキス、チキンエキス	chicken extract	
	牛肉エキス、ビーフエキス	beef extract	
	コンソメ	consomme (fr.)	
Fat	コンソメパウダー	consomme powder	
	油脂	fat	
	動物性油脂	animal fat	
	加工油脂	processed fat	
	ラード、豚脂	lard	
	ヘッド、牛脂	beef fat	
Can also be halal!	マーガリン	margarine	In bread, sweet (cake, cookie), etc.
	ショートニング	shortening	
	動物性ショートニング	animal shortening	
	ゼラチン、ゼリー	gelatin, jelly	
Additive	アミノ酸	amino acid	
	乳化剤	emulsifier	In cheese, yogurt, etc.
	イースト・フード	east food	In bread
Alcohol	アルコール	alcohol	In <i>Shoyu, Miso</i> , etc.
	リカー、酒類	liquor	
	酒、清酒、日本酒	<i>Sake</i> (rice wine)	
	醸造酒	fermented liquor	
	焼酎、蒸留酒	distilled spirit	
	洋酒	Western liquor	
	ワイン	wine	In sweet (cake, chocolate), etc.
	ブランデー	brandy	
	ウイスキー	whisky	
	リキュール	liqueur	
	ラム酒	rum	
みりん	<i>Mirin</i> (sweet sake)	Sweetener	

Halal ingredients:

Category	Item name	
	Japanese	English
Fat	植物性油脂	vegetable oil
	植物性マーガリン	vegetable margarine
	植物性ショートニング	vegetable shortening
Additive	乳化剤(大豆由来)	emulsifier from soy bean

## Halal Food shops

- Comprehensive list is available at: <http://islamcenter.or.jp/eng/halalfood.html>
- Halal shops can also be found near mosques (Okachimachi, Otsuka, etc)

City	Place	Address
Tokyo	<b>Turkmart (Hali Shop Inc.)</b>	Tel: 03-5452-1653 (Mon. - Fri. 09:30 - 17:00) Fax: 03-5452-1654 (Everyday 24 hours)
Adachi-ku	<b>TAJ Enterprise Ltd.</b>	7-4-2, Hanahata, Adachi-ku, Tokyo 121-0061 Tel: 03-3860-1727 Fax: 03-3860-0535
Edogawa-ku	<b>Pak Halal Food</b>	Room 203, 1-30-5, Higashi Kasai, Edogawa-ku, Tokyo 134-0084 Tel: 03-3869-8705 Fax: 03-3659-8019
	<b>Shalimar Sweets &amp; Food</b>	Shali Bldg., 3-30-13, Naka-Kasai, Edogawa-ku, Tokyo 134-0083
Itabashi-ku	<b>Online Store BATICROM</b>	Abankurest Itabashi Building, 1-13-10, Itabashi, Itabashi-ku, Tokyo 173-0004 Tel: 03-5943-5661 <a href="http://baticrom.com">http://baticrom.com</a>
Katsushika-ku	<b>Padma Halal Food</b>	2-29-2, Higashi Kanamachi, Katsushika-ku, Tokyo 125-0041 Tel: 03-5699-1796 Fax: 0489-55-0319
Kita-ku	<b>Sonali Trade International</b>	#101 Yamaichi Bldg., 3-36-30, Nakajuyjyo, Kita-ku, Tokyo 114-0032 Tel: 03-5993-1078 03-5993-4993

Ota-ku	<b>Zaika</b>	1-12-2, Higashi-Rokugo, Ota-ku, Tokyo 144-0046 Tel: 03-3735-8364 Fax: 03-3732-3038
Shibuya-ku	<b>Iran Shop</b>	Flat Bldg., 5F, 1-24-7, Shibuya, Shibuya-ku, Tokyo 150-0002

## Mosques (Tokyo Area)

- For other areas please check: <http://www.masjid.jp/list.html>
- To find a place in google map, enter zip code or the complete address in: <http://diddlefinger.com/>

### Tokyo Jamee Mosque

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**Place:** YoyogiUehara-St

**How to reach:** Odakyu-Line YoyogiUehara-St or Subway Chiyoda-Line

**Organizer:** Muslim Turkey

**Address:** Tokyo 151-0065 Shibuya-ku Ooyamamachi 1-16 〒151-0065 渋谷区大山町  
1-16

**Telephone/Fax:** 03-5790-0760

**Website:** <http://www.tokyocamii.org>

### Assalaam Masjid

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**Place:** Naka-Okachimachi

**How to reach:** 25 minutes walk from Hongo Campus, 10 mins walk from Ueno station (JR, or Subway Hibya), 5 minutes walk from Naka-Okachimachi Station (JR or subway Hibya)

**Organizer:**

**Address:** <http://www.assalaam.info>

**Telephone/Fax:** Mr. Nazeer (090-3332-3639), Mr. Faik (090-9349-2474)

**Website:** As-Salam Bldg., 4-6-7 Taito, Taito-ku, Tokyo 110-0016

### Arabic Islamic Institute (Hiroo Mosque)

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**Place:** Hiroo-St (near Ginza )

**How to reach:** Subway Hibiya-Line, Hiroo-St

**Organizer:** Arabic Islamic Institute

**Address:** Tokyo 106-0046 Minato-ku MotoAzabu 3-4-18 〒106-0046 港区元麻布3-4-18

**Telephone/Fax:** 03-3404-6622/03-3404-8622

**Website:** <http://www.aii-t.org/e/muslim/index.htm>

## Islamic Center of Japan

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**Place:** Shimokitazawa-St

**How to reach:** Odakyu-Line, Shimokitazawa-St or Keio-Line, Sasazuka-St

**Organizer:** Islamic Center of Japan (ICJ)

**Address:** Tokyo 156-0041 Setagaya-ku Oohara 1-16-11 〒156-0041 世田谷区大原  
1-16-11

**Telephone/Fax:** 03-3460-6169 or 03-3460-6105

**Website:** <http://islamcenter.or.jp/eng/>

## Otsuka Mosque

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**Place:** Otsuka-St (near Ikebukuro)

**How to reach:** Yamanote-Line Otsuka-St or Subway Marunouchi-Line ShinOtsuka-St

**Organizer:** Japan Islamic Trust (JIT), Br. Haroon

**Address:** Tokyo 170-0005 Toshima-ku MinamiOtsuka 3-24-7 〒170-0005 豊島区南大塚  
3-24-7

**Telephone/Fax:** 03-3971-5631/03-5950-6310

**Website:** <http://www.islam.or.jp/>

## Daar Al-Arqam(Asakusa Mosque)

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**Place:** Asakusa-St (near Ueno or MinamiSenju)

**How to reach:** Subway Asakusa-Line Asakusa-St or Subway Ginza-Line

**Organizer:** Islamic Circle of Japan (ICOJ)

**Address:** Tokyo 111-0025 Daitou-ku HigashiAsakusa 1-9-12 〒111-0025 台東区東浅草  
1-9-12

**Telephone/Fax:** 03-3871-6061

**Website:** <http://www.icoj.org/>

## Makki Mosque (Oohanajaya)

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**Place:** Oohanajaya-St, Tateishi-St

**How to reach:** Keisei-Line Oohanajaya-St or Keisei-Line Tateishi-St

**Organizer:** Markaaz Tabligh

**Address:** Tokyo 124-0011 Katsushika-ku Yotsugi 5-22-14 〒124-0011 東京都葛飾区四つ木5-22-11

**Telephone/Fax:** 090-9235-6411 (Br. Amin)

## Balai Indonesia,SRIT (Meguro)

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**Place:** Meguro-St

**How to reach:** Yamanote-Line, Meguro-St , walk 20 min or by bus

**Organizer:** Indonesian Muslim Community in Japan

**Address:** Tokyo 153-0063 Meguro-ku Meguro 4-6-6 Indonesian School 〒153-0063 目黒区目黒4-6-6 東京インドネシア学校

**Telephone/Fax:** 03-3715-6459

## Ichinowari Mosque, Ichinowari

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**Place:** Tobu Isesaki-Line, Ichinowari-St

**Transportation:** Tobu Isesaki-Line, Ichinowari-St

**Organizer:** Markaz Ishlaho Tarbiyat (Jamaat Tabligh)

**Address:** Saitama 344-0033 Kasukabe-shi BingoNishi 1-1-6 〒344-0033 埼玉県春日部市備後西 1-1-6

**Telephone/Fax:** 048-736-2767